



## STRANGFORD LOUGH YACHT CLUB

### FROSTIE SERIES 2023

23 SEPTEMBER TO 21 OCTOBER 2023

Sponsored By Legacy Wealth Management

## SAILING INSTRUCTIONS

### 1 RULES

The series will be governed by the rules as defined in the Racing Rules of Sailing (“RRS”), the Prescriptions of the RYA and the Notice of Race, save as changed by these sailing instructions.

### 2 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the sailing notice board at Strangford Lough Yacht Club (“SLYC”) no later than 1200 and transmitted on VHF Ch 37 at 1300 on the day that it will take effect.

### 3 SIGNALS MADE ASHORE

- 3.1 Signals made ashore will be displayed at SLYC main flagpole.
- 3.2 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 45 minutes’ in Race Signals AP.

### 4 CLASSES AND CLASS FLAGS

- 4.1 The classes and class flags will be as follows:

<b>Class</b>	<b>Class Flag</b>
IRC1	Numeral 1
IRC2	Numeral 2
NHC	Numeral 3
Impala	Numeral 7
NHCRS	Numeral 5
Sonata	Code Flag E
Elite	Code Flag A

4.2 [DP] All boats shall display on their backstay a Class Flag as in SI 4.1 above, unless one design boats without backstay. Boats failing to do so may not be counted as starters.

## 5 SCHEDULE OF RACES

Two races are planned each day on 23<sup>rd</sup> and 30<sup>th</sup> September and on 7<sup>th</sup>, 14<sup>th</sup> and 21<sup>st</sup> October 2023.

The scheduled time of the starting signal for the first race of each class is as follows:

Class	Starting signal
NHCRS	1335
Sonata	1340
Impala	1345
NHC	1350
RS Elite	1355
IRC 2	1400
IRC 1	1405

The same starting sequence will be used for second race which will start as soon as practicable after the first race has finished. The postponement signal (AP) may be displayed to alert boats that the second race will begin soon.

## 6 RACING AREA AND COURSE MARKS

Appendix A shows the racing area and racing marks, which may be used as course marks. The intended positions of the racing marks are shown in Appendix B.

Course marks are designated by a letter or number. Mark O is an Orange buoy with an Orange Flag. Marks 1 to 5 and Q, R & T are Yellow buoys. Marks A to M are Aqua Blue buoys.

## 7 HAZARD MARKS

In the race area there are a number of rocks and pladdies marked by floating black marks, also shown on the chartlet in Appendix A. The intended positions of these hazard marks are shown in Appendix B. All floating rock marks must be passed on the side furthest from the hazard they are intended to guard. All rock marks may or may not be in place and competitors should make themselves familiar with the position of pladdies and rocks.

## 8 COURSES

Courses will be displayed on a course frame at the SLYC Battery, on the north end of Trasnagh Island.

Courses for NHCRS will be displayed on the top row of the course frame.

Courses for the IRC, NHC, Sonata and RS Elite classes will be displayed on the bottom row of the course frame.

Course marks displayed in white on a black background are to be left to starboard and course marks displayed in red on a white background are to be left to port.

After the final mark of the course displayed, all boats shall be required to pass through the finishing line from the direction of the last mark.

## 9 THE START

9.1 The starting line will be between the mast at the SLYC Battery and Mark O.

- 9.2 In the event of a general recall for a class, that class will start 5 minutes after the starting signal of the last class scheduled to race or the starting signal of the immediately preceding class subject to general recall if more than one class has been recalled. This changes RRS 29.2.
- 9.3 Other than in the event of a general recall, a boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This includes a boat subject to individual recall. This changes RRS A5.1 and A5.2.
- 9.4 A boat whose warning signal has not been made shall avoid the starting area.

**10 THE FINISH**

The finishing line will be between the mast at the SLYC Battery and Mark O, which may not be in the same position as at the start.

**11 HANDICAPS**

Starting handicaps for all NHC classes will be taken from the RYA NHC base list.

**12 TIME LIMITS**

The time limit for the first boat in each class to finish shall be 90 minutes after the time of the start of that boat’s class.

Boats failing to finish within 20 minutes after the first boat in their class finishes will be scored Did Not Finish. This changes RRS35.

**13 PENALTIES AT THE TIME OF AN INCIDENT**

RRS 44.1 and 44.2 apply. Rule 44.3 Scoring Penalty does not apply.

**14 HEARING REQUESTS**

Protests shall be delivered to the Race Office no later than 60 minutes after the last boat finishes the last race of the day. Hearing Request Forms are available from the Race Office.

**15 ARBITRATION**

The Post-Race Penalty, Advisory Meeting and RYA Arbitration of the RYA Rules Disputes procedures shall apply (for information on the procedures, go to [www.rya.org.uk/go/rulesdisputes](http://www.rya.org.uk/go/rulesdisputes) ). The outcome of an RYA Arbitration can be referred to a protest committee, but an arbitration cannot be reopened or appealed.

**16 SCORING**

The Low Point scoring system, RRS Appendix A, changed to allow discards as follows, will apply.

<b>Races completed</b>	<b>Number of discards</b>
1 to 4	No discards
5 to 8	1 discard
9 to 10	2 discards

**17 VHF COMMUNICATIONS**

- 17.1 Before and during racing, the race committee may communicate to competitors on VHF Ch 37, call sign “Trasnagh Battery”. This may include announcing premature starters but failure to do so will not in any way alter the responsibility of premature starters to restart correctly.

- 17.2 [DP] A boat that retires from a race shall inform Trasnagh Battery on VHF Ch 37 at the earliest opportunity.
- 17.3 [DP] From the first warning signal until the end of the last race of the day, except in accordance with SI 17.2 or in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

## **18 RISK STATEMENT**

Rule 3 of the Racing Rules of Sailing states: 'The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.'

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organizer does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event; in conjunction with or prior to, during, or after the Series.

## Appendix A

### Illustration of Racing and Rock Mark positions.



The above chartlet is not for navigation. Note in particular that Rig Pladdy, approximately east of Mark A and north of Mark B, is not shown.

## Appendix B

### Approximate GPS Positions of Rock Marks and Racing Marks

The following are the intended positions of the rock and racing marks at SLYC. No liability whatsoever will be accepted for marks which are out of position or missing.

Racing Marks	Rock Marks
Mark 1 54° 30.45' 5° 36.00'	Half Tide Rock (S) 54° 29.90' 5° 37.10'
Mark 2 54° 29.87' 5° 35.51'	Gullrock Pladdy (S) 54° 30.23' 5° 36.66'
Mark 3 54° 29.345' 5° 35.657'	Downey Pladdy (N) 54° 30.10' 5° 35.80'
Mark 4 54° 28.80' 5° 35.55'	Downey Pladdy (E) 54° 30.00' 5° 35.70'
Mark 5 54° 28.45' 5° 36.00'	Downey Pladdy (S) 54° 29.95' 5° 35.80'
Mark A 54° 29.80' 5° 37.10'	Downey Pladdy (W) 54° 30.05' 5° 35.90'
Mark B 54° 29.58' 5° 36.55'	Downey Rock (W) 54° 30.30' 5° 35.75'
Mark C 54° 29.22' 5° 36.68'	Newton Rock (W) 54° 29.50' 5° 35.40'
Mark D 54° 28.90' 5° 36.75'	West Rock (W) 54° 28.40' 5° 35.10'
Mark E 54° 28.80' 5° 37.38'	South Rock (W) 54° 28.10' 5° 34.90'
Mark F 54° 28.95' 5° 37.82'	Slave Rock (W) 54° 27.80' 5° 34.80'
Mark G 54° 28.64' 5° 38.06'	Braddock Rock (S) 54° 28.89' 5° 38.30'
Mark H 54° 28.84' 5° 38.20'	In addition to the above, there is a black mark with a red horizontal stripe marking an isolated danger in the starting area north of Trasnagh. This is thought to be a rock which may be a hazard to deep keeled boats at low tidal heights.
Mark J 54° 29.10' 5° 38.20'	
Mark K 54° 29.28' 5° 38.10'	
Mark L 54° 29.50' 5° 38.05'	
Mark M 54° 29.80 5° 37.63'	
Mark Q 54° 29.53' 5° 37.50'	
Mark R 54° 29.29' 5° 37.08'	
Mark T 54° 29.04' 5° 37.00'	